

After a quick look on my bookshelf at home I found the following books on prayer: 'Praying Successfully' by Charles Spurgeon, 'Rees Howells - Intercessor' by Norman Grubb, 'The Practice of Prayer' by G. Campbell Morgan, 'How to Pray' by Pete Grieg, 'Prayer: Key to Revival' by David Yonggi Cho, 'Reckless Devotion' by Heidi and Roland Baker. There are others, but what stood out about these is that these are all people who have seen the most amazing moves of God in their communities, and through their ministries. This undoubtedly highlights the importance of prayer for us all, and partly why we are embarking on this series on prayer, which we will be following with this reading plan. It continues to be our experience that when we take time to pray, and particularly as we persist in prayer, we start to see God move more and more.

I have another book on prayer, it was given to me a number of years ago by the author who I met whilst at Bible School. It is called 'Prayer – The Christian's Vital Breath' by L. A.T. Van Dooren. I don't know too much about the author; I am not aware of him leading big revivals or preaching to the masses ... he was simply a faithful follower of Jesus who had learnt how prayer needed to be at the heart of all that he did. He took the title of his book from a 19th Century hymn – 'Prayer is the Christian's vital breath, the Christian's native air,' and we are going to use that title for this series.

As we embark on this journey, thinking about the different ways we can pray, and then meditating on example of these types of prayer in the Bible (and as part of this time spending a week praying around our worshipping communities), let us all embrace this Godgiven gift more and more so that it becomes as natural (and vital) to us as breathing.

City life Church

Date	Title Text	
Week 1 Binding and Re	leasing Prayer	
Sunday	Authority in Christ	Matthew 16:13-20
Monday	Binding and Loosing in Prayer	Matthew 18:15-20
Tuesday	Power Over the Enemy	Luke 10:17-24
Wednesday	Paul Commands the Spirit to Leave	Acts 16:16-34
Thursday	The Armor of God	Ephesians 6:10-20
Friday	Victory Through Christ	Colossians 2:6-15
Saturday	Resisting the Devil	James 4:4-10
Week 2 Praise and Than	nksgiving	
Sunday	Jonah's Prayer of Thanksgiving	Jonah 2:1-10
Monday	Enter His Gates with Thanksgiving	Psalm 100:1-5
Tuesday	Rejoice in the Lord Always	Philippians 4:4-13
Wednesday	Bless the Lord, O My Soul	Psalm 103:1-14
Thursday	Give Thanks in All Things	1 Thessalonians 5:12-24
Friday	Victory Through Praise	2 Chronicles 20:1-22
Saturday	Praying for City Life – Lanterns	
Week 3 Week of Prayer		
Sunday	Offering a Sacrifice of Praise with 12 Hours of Worship.	Hebrews 13:10-16
Monday	Praying for City Life - East	
Tuesday	Praying for City Life – Lanterns	
Wednesday	Praying for City Life – Central	
Thursday	Praying for City Life – West	
Friday	Praying through Bible Isaiah 35 - 66	
Saturday	Praying in and over the House of Prayer	
Week 4 Prayer of Petition	on	
Sunday	Daniel's Prayer for Mercy	Daniel 9:1-19
Monday	Solomon's Prayer of Petition	1 Kings 8:22-40
Tuesday	If My People Humble Themselves	2 Chronicles 7:11-22
Wednesday	Ask, Seek, Knock	Matthew 7:7-14
Thursday	Asking for Wisdom	James 1:2-12
Friday	Do Not Be Anxious, but Pray	Philippians 4:4-9
Saturday	Confidence in Prayer	1 John 5:9-15
Week 5 Testimony & Pr	aise	
Sunday	The power of testimony	Revelation 12:10-12
Monday	Jehoshaphat's prayer	2 Chronicles 20:5-12
Tuesday	Hannah's prayer of praise	1 Samuel 2:1-10
Wednesday	Song of deliverance	Exodus 15:1-18
Thursday	David's psalm of praise	Psalm 145
Friday	Testimony of the woman at the well	John 4
Saturday	Our lives and words as testimony	1 Peter 3:13-17

Date	Title Text	
Week 6 Hearing th	ne Voice of God	
Sunday	Listening to Wisdom	Proverbs 8:22-36
Monday	Speak, Lord, Your Servant is Listening	1 Samuel 3:1-21
Tuesday	My Sheep Hear My Voice	John 10:1-18
Wednesday	You Will Hear a Voice Behind You	Isaiah 30:18-26
Thursday	Do Not Harden Your Hearts	Hebrews 3:7-19
Friday	Show Me Your Ways, Lord	Psalm 25:1-15
Saturday	Faith Comes by Hearing	Romans 10:11-21
Week 8 The Lord's	Prayer	
Sunday	The Lord's Prayer and Fasting	Matthew 6:5-18
Monday	Jesus Teaches on Persevering Prayer	Luke 11:1-13
Tuesday	The Lord is My Shepherd	Psalm 23:1-6
Wednesday	God's Word Will Accomplish Its Purpose	Isaiah 55:1-13
Thursday	Jesus' Prayer for His Disciples	John 17:1-26
Friday	Casting Our Cares on God	1 Peter 5:1-11
Saturday	Jesus' Example of Humility and Exaltation	Philippians 2:1-11
Week 9 Contempl	ative Prayer	
Sunday	Be Still and Know That I Am God	Psalm 46:1-11
Monday	Elijah Encounters God in a Gentle Whisper	1 Kings 19:1-18
Tuesday	Jesus Prays in a Solitary Place	Mark 1:29-39
Wednesday	Meditate on What is True and Noble	Philippians 4:4-13
Thursday	Seeking God in Stillness and Worship	Psalm 63:1-11
Friday	Waiting on the Lord for Strength	Isaiah 40:21-31
Saturday	Jesus Offers Rest for the Weary	Matthew 11:25-30
Week 10 Evangeli	stic Prayers	
Sunday	The Harvest is Plentiful	Matthew 9:35-38
Monday	The Parable of the Lost Son	Luke 15:11-31
Tuesday	Peter's Sermon	Acts 2:14-41
Wednesday	The Church Persecuted and Scattered	Acts 8
Thursday	I am not ashamed of the Gospel	Romans 1:8-17
Friday	Suffering for Doing Good	1 Peter 3:8-22
Saturday	The Great Commission	Matthew 28:19
Week 11 Intercess	ory Prayers	
Sunday	Paul's Prayer for Strength and Understanding	Ephesians 3:14-21
Monday	Praying for All People, Including Leaders	1 Timothy 2:1-8
Tuesday	The Spirit Intercedes for Us in Weakness	Romans 8:18-30
Wednesday	Praying for Healing and Confession	James 5:13-20
Thursday	God's Comfort and the Power of Intercession	2 Corinthians 1:3-11
Friday	Spiritual Warfare through Persistent Prayer	Daniel 10:1-21
Saturday	Devotion to Prayer	Colossians 4:2-12

