

Day 63
Ephesians 6:10-13

Day 65
Ephesians 6:18-20

Day 64
Ephesians 6:14-17

Day 66
Ephesians 6:21-24



Chapel Hill | Truro | TR1 3BD

☎ 01872 241984

@ office@citylifechurch.co.uk

🌐 www.citylifechurch.co.uk

f CityLifeChurchTruro

📺 City Life Church Truro



'Deliver Us from Evil'


Talk of deliverance in the church either never happens or is hidden away in the back rooms, taking place between a few so called 'experts'. This was never how it was supposed to be. David in the Psalms (32:7) says 'You are my hiding place; you will protect me from trouble and surround me with songs of deliverance'. Jesus, when asked by the disciples how to pray, includes in his model prayer the phrase 'lead us not into temptation, but deliver us from evil.'

The apostle Paul tells us in Colossians 1:13 that God 'has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son'... this is great news! We have been delivered, rescued, from the dominion of darkness, and we now live in the kingdom of God... we need to learn to really live from that place, fully free from who we once were.

The reality is that there are times when this involves a bit of a battle. The world, the flesh and the devil (demonic forces and power) are all the time seeking to hold us back, tie us up in knots, and rob us of our inheritance as children of God.

This means there are times when we all need deliverance – because we are all subject to these powers that seek to oppress us and hold us back. Sometimes we quickly overcome them, while at other times, because of our acceptance and agreement, they can oppress (not possess!) our minds, hearts and bodies, getting a real foothold in our lives.

As we read through the Gospel of Mark and Paul's letter to the Ephesians, we are also going to be looking at this theme of deliverance Sunday by Sunday. The aim is that, as we consider, read and meditate upon the Word of God, we might enter into the fullness of the life that Christ promises to those who follow Him, and be better equipped to resist any attempts to oppress and stifle what God wants to do in and through us.

Day 1 Mark 1:1-20	Day 17 Mark 9:2-13
Day 2 Mark 1:21-39	Day 18 Mark 9:14-29
Day 3 Mark 1:40 - 2:12	Day 19 Mark 9:30-50
Day 4 Mark 2:13 - 3:6	Day 20 Mark 10:1-31
Day 5 Mark 3:7-35	Day 21 Mark 10:32-52
Day 6 Mark 4:1-20	Day 22 Mark 11:1-11
Day 7 Mark 4:21-34	Day 23 Mark 11:12-33
Day 8 Mark 4:35 - 5:20	Day 24 Mark 12:1-12
Day 9 Mark 5:21-43	Day 25 Mark 12:13-34
Day 10 Mark 6:1-29	Day 26 Mark 12:35-44
Day 11 Mark 6:30-44	Day 27 Mark 13:1-36
Day 12 Mark 6:45-56	Day 28 Mark 14:1-11
Day 13 Mark 7:1-23	Day 29 Mark 14:12-31
Day 14 Mark 7:24-36	Day 30 Mark 14:32-65
Day 15 Mark 8:1-21	Day 31 Mark 14:66-72
Day 16 Mark 8:22 - 9:1	

Day 32 Mark 15:1-20	Day 48 Ephesians 3:20-21
Day 33 Mark 15:21-47	Day 49 Ephesians 4:1-6
Day 34 Mark 16:1-8	Day 50 Ephesians 4:7-10
Day 35 Mark 16:9-20	Day 51 Ephesians 4:11-16
Day 36 Ephesians 1:1-2	Day 52 Ephesians 4:17-24
Day 37 Ephesians 1:3-6	Day 53 Ephesians 4:25-28
Day 38 Ephesians 1:7-10	Day 54 Ephesians 4:29-5:2
Day 39 Ephesians 1:11-14	Day 55 Ephesians 5:3-7
Day 40 Ephesians 1:15-19	Day 56 Ephesians 5:8-14
Day 41 Ephesians 1:20-23	Day 57 Ephesians 5:15-21
Day 42 Ephesians 2:1-10	Day 58 Ephesians 5:22-24
Day 43 Ephesians 2:11-16	Day 59 Ephesians 5:25-30
Day 44 Ephesians 2:17-22	Day 60 Ephesians 5:31-33
Day 45 Ephesians 3:1-6	Day 61 Ephesians 6:1-4
Day 46 Ephesians 3:7-13	Day 62 Ephesians 6:5-9
Day 47 Ephesians 3:14-19	