

RISE

40

City Life Church
DAYS

We are going to spend the next two months really focussing upon and praying into the five points of ARISE (Ambitious for the Kingdom, Restored Identity, Inside Out Living, Servants of All and Empowered by the Spirit). Each week we will be looking at a different aspect of ARISE with readings relating to it through the week.

Alongside the daily readings we are going to have 40 days of prayer and fasting. The plan is to fast from Monday to Friday for the coming 8 weeks (40 days). This will of course look different for each of us, it may involve abstaining from certain meals or foods, or activities, and then using this as a constant reminder to keep lifting our eyes and hearts to Jesus and the fact that we are new creations and we live by the Spirit. You may want to also use this time to really pray into something that is on your heart or something you are looking for breakthrough or change in you are looking for breakthrough or

As you focus, fast, meditate and pray you may want to use these 5 points to help you:

Reflection

Think about where you are at with the focus for that week. What do you really believe? What is your experience? What would it look like for you to take hold of this point more than you have at present?

Recognise

As you bring your heart (your ambitions, affections, emotions and longings) in prayer celebrate the areas where you have grown and be honest about the areas where you struggle, are fearful, or need to grow.

Repentance

Do you need to change your thinking or behaviours in any way? Bring both your sorrow and your willingness to change and grow before the Lord.

Revelation

Really think about what God may be saying to you (and to us as a church) through the passages that you have read, or others that may come to mind.

Receive

Invite the Holy Spirit to simply come and minister to you . . . be expectant and don't rush this time.

Friday	Arise and Shine - Isaiah 59:20 – 60:3
Saturday	Time to Shine Matthew 5:13-16 & Philippians 2:12-18

Week 1: **Land of Hope and Glory**

The shape and depth of the foundations will impact on what is being built.

We want to see our lives, and our land, saturated and shaped by God's HOPE and GLORY.

Sunday	For the Love of God John 3:1-21 & 1 John 4:7-21
Monday	God IS Good Psalm 145 & Matthew 7:7-12
Tuesday	Christ the Cornerstone Matthew 21:33-46 & Ephesians 2:11-22
Wednesday	Living Stones Matthew 16:13-20 & 1 Peter 2:4-25

Word on Wednesday #15 What is the Church?

The United Body 1 Corinthians 12:12-30 | **The Beautiful Bride** Revelation 19:7-9

The Global and Local Family John 1:12-13 | **A display of God's Wisdom** Ephesians 3:10

Thursday	A Firm Place to Stand Psalm 40 & Matthew 7:24-29
Friday	Hope Genesis 9:1-17 & Ephesians 1:3-14
Saturday	Glory Isaiah 6:1-10 & Matthew 17:1-13

Week 2: **Ambitious for the Kingdom**

Hope: For us all to be developing a vision for all things everywhere to be shaped and influenced by the crucified, resurrected and ascended Lord Jesus Christ (His Kingdom) and to be seeking to see that fulfilled.

Sunday	God's Good Plan Genesis 1:26-31 & Matthew 28:16-20
Monday	The Revolt Genesis 3 & Matthew 4:1-11
Tuesday	Plan B Isaiah 49:1-7 & Matthew 12:15-21
Wednesday	Jesus Reveals Matthew 6:5-14 & Romans 14:13-18

Word on Wednesday #16 The Kingdom of God

Thursday	Jesus Restores Luke 4:14-21 & Isaiah 65:1-25
Friday	Jesus Fills Ephesians 4:1-16 & Matthew 21:33-46
Saturday	Jesus Makes all things New Isaiah 40 & Revelation 21:1-8

Week 3: **Restored Identity**

Hope: For us all to have a relationship with God, through Christ, and fully grasp our true identity, and authority in the world, as sons and daughters of the living God.

Sunday	Created in His Image Genesis 1:26-31 & Hebrews 1
Monday	To display His Glory Exodus 33:18-34:8 & John 17:20-26
Tuesday	A Part of His Purpose Isaiah 43:14-21 & John 17:17-20
Wednesday	Connected Matthew 12:46-50 & John 15:1-17

Word on Wednesday #17 'I'm the Child of the King'

Exploring our Adoption and our Authority

Thursday	A Child of God 1 John 3:1-10 & John 1:1-14
Friday	A Person of Influence Matthew 10 & James 5:13-20
Saturday	A Co-labourer with Christ 1 Corinthians 3:1-9 & Luke 10

Week 4: **Inside out Living**

Hope: For us all to be seeking to live free from the negative influence of the world, the flesh and the devil, and for the primary influence in our lives to be our relationship with our heavenly Father (our restored identity).

Sunday	Born from Above John 3:1-21 & Romans 6:1-14
Monday	The Battle is Raging John 10:1-21 & 1 Peter 5:1-11
Tuesday	An Imperfect Vessel John 21 & 2 Corinthians 4
Wednesday	A New Creation John 6:25-59 & 2 Corinthians 5

Word on Wednesday #18 What is this New Creation?

Who I was v. Who I am? | Where do I live from?

Thursday	The Spirit Part of Me John 4:1-26 & 1 Corinthians 2
Friday	Beauty for Ashes Luke 4:14-30 & Isaiah 61
Saturday	Hope has the Final Word Isaiah 11 & Luke 1:26-38

Week 5: **Servants of All**

Hope: For all of us to humbly serve all people, not seeing ourselves as better than others and always seeking to love the person that is before us.

Sunday	Dying to Self Luke 9:21-27 & Romans 12:1-2
Monday	Humble not Proud John 13:1-17 & James 4:1-12
Tuesday	Generous Hearts Leviticus 25:35-37 & Luke 16:1-15
Wednesday	Dirty Hands Mark 2:13-17 & Isaiah 58 & 1 John 3:17-18

Word on Wednesday #19 The Jesus Model

John 13:1-17 Jesus washes his disciples' feet

Thursday	Hospitable and Helpful Matthew 10:31-46 & Hebrews 13:1-19
Friday	What about the Cost? Luke 14:28-33 & Philippians 2:1-30
Saturday	Wise with our Words 1 Peter 4:1-11 & Luke 6:43-45

Week 6: **Empowered by the Spirit**

Hope: For us all, always, to be knowing, and growing in, our awareness, experience and influence of the Holy Spirit, and what He wants to do in us and also through us.

Sunday	The Given Gift Luke 11:1-13 & Acts 2:1-41
Monday	Peace! John 14 & 2 Corinthians 3:7-18

Tuesday	Full of Fruit Matthew 21:18-22 & Galatians 5:13-26
Wednesday	Gifted and Equipped John 16:1-15 and 1 Corinthians 12
Word on Wednesday #20 The Holy Spirit our Tutor	
Thursday	Filled and Fuelled Luke 24:36-49 & Acts 13:1-13
Friday	Empowered Zechariah 4 & Luke 10:1-23
Saturday	Full to Overflowing Luke 3:15-18 & Romans 15:1-13

Week 7: **ARISE** Kingdom Encounter Prayer Space

Sunday	A Powerful Prayer Meeting Acts 4:23-31
Monday	An Advancing Kingdom Acts 28:17-31
Tuesday	A Restored Identity Acts 9:1-19
Wednesday	Inside out Living Acts 3 - 4:21
Thursday	Servants of All Acts 11:19-30
Friday	Empowered by the Spirit ... take your pick!
Saturday	Review of the week

Week 8: **Testimony and Thanksgiving**

Sunday	The Power of Thanksgiving - Psalm 100
Monday	Colossians 3:1-17
Tuesday	1 Corinthians 15:35-58
Wednesday	2 Corinthians 12-17
Thursday	Philippians 4:1-9
Friday	Ephesians 5:1-20
Saturday	1 Chronicles 16
Sunday	Arise and Shine - Isaiah 59:20 - 60:3

